

# Copy number variations as a risk factor for couples with idiopathic recurrent miscarriage: A systematic review

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## Abstract

**Objective:** It is well established that inherited chromosomal alterations such as copy number variations (CNVs) are associated to miscarriage. However, most studies focus on evaluating CNVs only in products of conception. The aim of this systematic review was to highlight the importance of investigating CNVs in couples with a history of recurrent miscarriage as well as their role in pregnancy, filling part of the gap between studies of recurrent miscarriage. **Methods:** A search in PubMed, Scientific Electronic Library Online (SCIELO), Latin American and Caribbean Literature in Health Sciences (LILACS), and Portal de CAPES/MEC databases for relevant published articles was conducted using the following controlled search terms: “copy number variation”, “cnv”, “miscarriage”, “recurrent miscarriage”, “spontaneous abortion”, “loss pregnancy”, “couple”, “microarray analysis”, “comparative genomic array”, and “array CGH”. The Boolean operators AND and OR were used. The search captured studies published up to October 2020. **Results:** A total of five studies were extracted for the present analysis. Sixteen CNVs involving the PDZD2, GOLPH3, TIMP2, CTNNA3, STS, EGFL6, STX6, CETN2, CTDSPL, GSTT1, HLA, MSR1, NIPA1, NIPA2, CYFIP1 and TUBGCP5 genes on ten different chromosomes were considered at potential risk for pregnancy maintenance. **Conclusion:** The findings of the present study affirm the importance of investigating the role of CNVs in couples with recurrent miscarriage and not just products of conception, in addition contributing to more accurate medical diagnoses.

**Keywords:** copy number variations, recurrent miscarriage, chromosomal rearrangement, abortions, pregnancy maintenance.

## Introduction

Miscarriage is common during pregnancy, occurring in 15% of all clinically recognized pregnancies. This frequency is higher when associated with advanced maternal age<sup>1</sup>

There are two types of miscarriage: sporadic and recurrent. About 25% to 50% of couples experience one or more sporadic miscarriage.<sup>1</sup> By contrast, only about 3% of couples undergo recurrent miscarriage (RM).<sup>2</sup> Although RM is experienced by a smaller percentage of couples, its etiology is complex and the search for diagnoses and treatments has given rise to different findings for this group.<sup>3,4</sup> In addition, it has been established that the greater the number of abortions, the greater the probability of the next occurrence.<sup>5,6</sup>

RM is thus defined as the condition in which losses are consecutive and occur until the 22nd week of gestation. However, to date, no consensus exists regarding the number of abortions that constitutes RM.<sup>7</sup>

According to the guidelines for the investigation and treatment of couples with RM, the Royal College of Obstetricians and Gynecologists define the condition as three or more consecutive spontaneous abortions, whereas the European Society for Human Reproduction and Embryology uses the definition of loss of two or more pregnancies. The American Society for Reproductive Medicine uses the definition of two or more consecutive spontaneous abortions, although it

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recommends that in epidemiological studies, only couples with three or more spontaneous abortions be included and emphasizes that biochemical losses should not be included in the group of RM.<sup>8-10</sup> The etiology of RM includes a spectrum of factors, such as uterine malformations, endocrinological and immunological causes, as well as thrombophilic, genetic, and lifestyle factors like alcohol and tobacco consumption. It is worth highlighting that despite extensive evaluations, ~50% of RM have no identifiable factors and are classified as idiopathic RM.<sup>11</sup>

Genetic factors contribute to a significant fraction of pregnancy losses, particularly chromosomal alterations such as deletions and duplications.<sup>12,13</sup> These alterations are commonly noted through conventional karyotyping, and their identification is limited to changes larger than 5 Mb. With the advancement of DNA technologies, such as array-comparative genomic hybridization (CGH), submicroscopic deletions and duplications, which are also known as copy number variations (CNVs), could be identified and associated with several disorders, including RM.

CNVs are deletions or duplications of >50 bp DNA sequences that disrupt about 13% of RefSeq genes.<sup>14-17</sup> They are mainly formed by errors in DNA replication and spontaneous and/or induced mutations and are responsible for about 17.7% of the variabilities in gene expression.<sup>14,17-22</sup>

Currently, there are several studies indicating the association of CNVs with RM, but the vast majority only evaluated CNVs in products of conception (POCs) and not in parents.<sup>23-28</sup> However, it is known that inherited CNVs can lead to RM if the CNV contains printed genes (expressed from only one parent in the tissues of pregnancy), if the CNV has one or more genes that are relevant to embryonic/placental growth and has a mutation in the other allele, or if one or more CNV genes are expressed in a variable way.<sup>29</sup>

Therefore, the purpose of this paper is to highlight the importance of investigating CNVs in couples with RM history as well as their role in pregnancy, since CNVs may carry genes that impact embryogenesis or maintenance of pregnancy. Thus, we seek to contribute with new information on the genetic factors that corroborate RM.

## Methods

This systematic review has been registered with PROSPERO (CRD42020201855). This research was developed through a systematic literature review to assess the studies investigating the contribution of CNVs to RM in couples with a history of at least two gestational losses during the first trimester of pregnancy and conducted according to the guidelines of Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA).

### Search Strategy

Publications in the PubMed, Scientific Electronic Library Online (SCIELO), Latin American and Caribbean Literature in Health Sciences (LILACS), and Portal de CAPES/MEC databases were identified using the following controlled search descriptors: “copy number variation”, “cnv”, “miscarriage”, “recurrent miscarriage”, “spontaneous abortion”, “loss pregnancy”, “couple”, “microarray analysis”, “comparative genomic array”, and “array CGH”. The Boolean operators AND and OR were used, taking into account the particularities, characteristics, and filters of each of the selected databases. The search captured studies published up to October 2020. Appendix A (Table A1) contains the corresponding search terms and MeSH terms.

### Eligibility Criteria

No language or date restrictions were applied, and the search was conducted until October 2020. Studies assessing the analysis of CNVs in couples and women with a history of 2 or more consecutive idiopathic miscarriages up to the 22nd week of pregnancy. The study designs considered were analytical observational: cohort, cross-sectional, and case and control studies in which CNV analyses were performed in those individuals.

### Study Selection and Data Extraction Process

The selection of articles used in this study was carried out by two independent reviewers. From the initial search, the procedure included the reading of the titles/abstracts and the exclusion of duplicate articles. The summaries were read, followed by the full texts, taking into account the established eligibility criteria. Depending on each study design, a checklist was formulated to assess the methodological quality of each of the selected articles. Studies that identified CNVs only in POCs were excluded. The details of the criteria used for inclusion and exclusion of studies are presented in Appendix A (Table A2).

The following data were extracted for each study included in this systematic review: authors, date of publication, country, CNV, type of CNV, cytogenetic location, main genes with potential risk of RM, and gene function (shown in Table 1).

**Table 1.** Summary of studies that analyzed CNVs in couples with RM.

Author, Date and Country	Gene	Locus	CNV/ Type	Function Gene
Nagirnaja et al., 2014 <i>Tartu, Estonia</i>	<i>PDZD2, GOLPH3</i>	5p13.3	Gain/U	PDZD2: function poorly defined and has mainly addressed as a tumor suppressor; GOLPH3: essential for Golgi trafficking and maintenance of its structure. Its genomic amplification is linked to oncogenic features and activation of the signaling pathway of mechanistic target of rapamycin (mTOR).
Rajcan-Separovic et al., 2010 <i>Vancouver, Canada</i>	<i>TIMP2</i>	17q25.3	Gain/U	Inhibitor of trophoblast invasion. *Complexes with metalloproteinases (such as collagenases) and irreversibly inactivates them by binding to their catalytic zinc cofactor.
	<i>CTNNA3</i>	10q21.3	Loss/C	Inhibitor of trophoblast invasion. *May be involved in formation of stretch-resistant cell-cell adhesion complexes.
	<i>STS</i>	Xp22.31	Gain/C	Strong expression in the placenta in normal pregnancies. Uterine receptivity.
	<i>EGFL6</i>	Xp22.2	Gain/U	Strong expression in the placenta in normal pregnancies. Estrogen production. *May bind integrin alpha-8/beta-1 and play a role in hair follicle morphogenesis. Promotes matrix assembly.
Rajcan-Separovic et al., 2009 <i>Vancouver, Canada</i>	<i>STX6</i>	1q25.3	Loss/U	Endosome organization and biogenesis, cell adhesion, intracellular transport
	<i>CETN2</i>	Xq28	Gain/U	Centrosome component, sub-unit of nuclear pore, mRNA and protein transport
Karim et al., 2017 <i>Jeddah, Saudi Arabia</i>	<i>CTDSPL</i>	3p22.2	Gain/U	Phosphatase activity to dephosphorylate the C-terminal domain of RNA polymerase II and regulates cell growth and differentiation; regulates chromosomal recombination and segregation, and chromosomal synapsis by encoding components of the synapto-nemal complex.
	<i>GSTT1</i>	22q11.23	Gain/U	Crucial for endometrial differentiation and embryonic growth.
	<i>HLA</i>	6p21.33	Loss/U	Role in allograft rejection, additional studies suggested them as risk alleles for unexplained recurrent abortion.
	<i>MSR1</i>	8p22	Gain/U	Regulate maternal immune tolerance by activating T cell response through uterine dendritic cells
Kasak et al., 2017 <i>Tartu, Estonia</i>	<i>CTNNA3</i>	10q21.3	Loss/C	Inhibitor of trophoblast invasion. *May be involved in formation of stretch-resistant cell-cell adhesion complexes.
	<i>NIPA1, NIPA2, CYFIP1, TUBGCP5</i>	15q11.2	Gain/C	* <i>NIPA1</i> : acts as a Mg <sup>2+</sup> transporter. Can also transport other divalent cations such as Fe <sup>2+</sup> , Sr <sup>2+</sup> , Ba <sup>2+</sup> , Mn <sup>2+</sup> and Co <sup>2+</sup> but to a much less extent than Mg <sup>2+</sup> ; * <i>NIPA2</i> : acts as a selective Mg <sup>2+</sup> transporter; * <i>CYFIP1</i> : Component of the CYFIP1-EIF4E-FMR1 complex which binds to the mRNA cap and mediates translational repression. Regulates formation of membrane ruffles and lamellipodia. Plays a role in axon outgrowth. May act as an invasion suppressor in cancers; * <i>TUBGCP5</i> : gamma-tubulin complex is necessary for microtubule nucleation at the centrosome.

CNV, copy number variation; U, unique; C, common; p, short arm; q, long arm. \* UniProt data access: uniprot.org

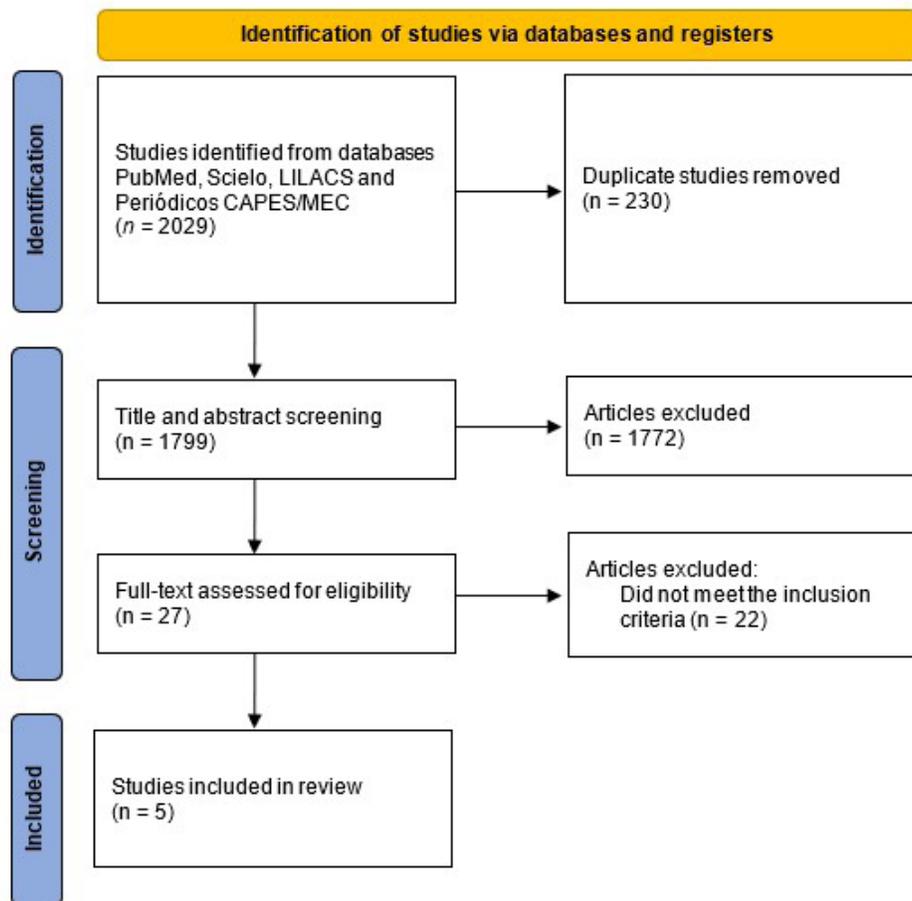
## Quality Assessment

The quality of each study was assessed using a modified Newcastle-Ottawa scale (NOS) evaluation method (shown in Appendix A (Table A3)). Each study was evaluated by sample size, inclusion/exclusion criteria, methodology used, statistical analysis, case definition, controls, and comparability, with a maximum score of 10 points (shown in Appendix A (Table A4)). High-quality articles with an NOS score of  $\geq 7$  were included in this study.

## Results

### Summary of Study Characteristics

A total of five studies that assessed the association of CNVs in couples with RM history were included in this systematic review. The PubMed, SCIELO, LILACS, and Portal de CAPES/MEC databases identified 2029 articles associated with the topic, of which 230 were duplicated and then removed. After screening the titles and abstracts, 27 articles were pooled for detailed analysis, but 22 of them were excluded because they did not meet the inclusion criteria. The process applied in the study selection is shown in Figure 1.

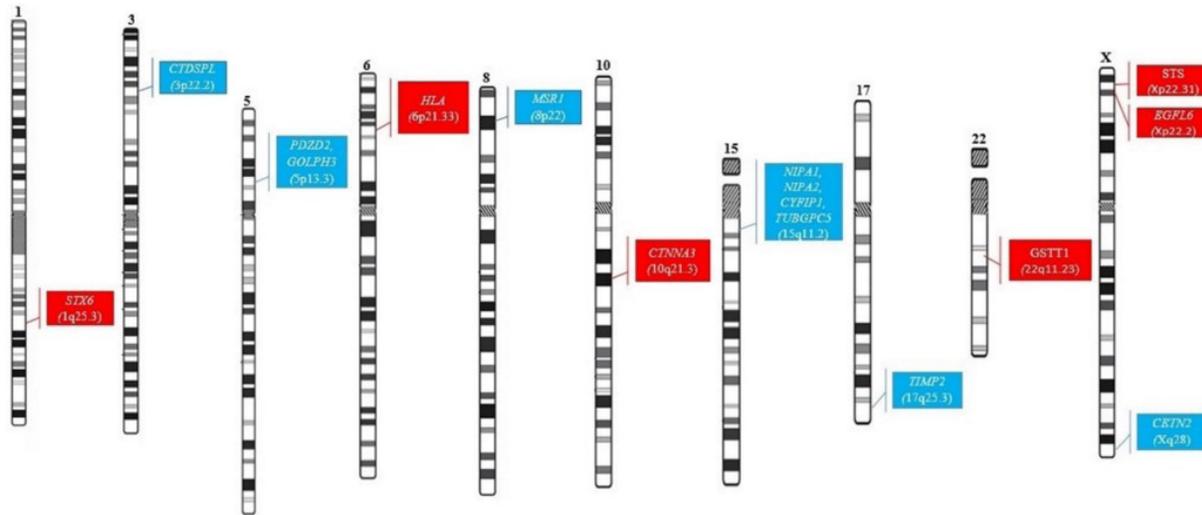


**Fig. 1.** PRISMA flow diagram of information through the different phases of the systematic review

The analyzed studies were all published in English between 2010 and 2017 and identified a total of 1409 CNVs in couples and women with idiopathic RM. Sixteen out of the 1409 CNVs were considered to have a potential risk for RM due to the presence of rearranged genes that are important for the maintenance of pregnancy (shown in Fig. 2). Meanwhile, the rest of the CNVs were classified as variants of common or unknown significance.

### CNVs Harmful to Pregnancy

In this systematic review, based on the literature, we identified a total of 1409 CNVs in couples and women with idiopathic RM. Sixteen out of the 1409 CNVs were identified on 10 different chromosomes and considered to have a potential risk for RM due to the presence of rearranged genes that are important for the maintenance of pregnancy (shown in Fig. 2). Meanwhile, the rest of the CNVs were classified as variants of common or unknown significance. The main characteristics of the five studies included in this systematic review are outlined in Table 1 (author, date, country, gene, *locus*, CNV/type, and function gene).



**Fig. 2.** Chromosomal distribution of CNVs in couples with idiopathic RM. Boxes indicate locations of duplication (blue) and deletion (red) CNVs and genes covered. p, short arm; q, long arm

## Discussion

CNVs can affect the dosage of genes that are critical for early pregnancy or disrupt normal chromosomal segregation, possibly leading to aneuploidy<sup>30</sup>. When inherited from unaffected parents, CNVs are generally considered to be benign. However, they can be harmful to pregnancy due to epigenetic factors, variable expression, or unmasking of recessive alleles, even if they do not alter the parents' phenotype.<sup>29</sup>

### CNVs and the Genes Covered

A deletion in the 10q21.3 region including the *CTNNA3* gene was identified in two independent studies involving a mother with a history of RM and her POC, as well as the placental genome of an RM case.<sup>30,31</sup> *CTNNA3*, normally expressed only from the maternal allele in the placenta, encodes the  $\alpha$ T-catenin protein, a cell adhesion molecule that regulates the balance between the proliferation and invasion of trophoblasts.<sup>32</sup> Notably, it has been established that the invasion of trophoblasts in the endometrial stroma and internal third of the myometrium during gestational development is essential for the definitive maternal-fetal circulation and for the success of the pregnancy.<sup>33</sup>

Like *CTNNA3*, *TIMP2* acts as a trophoblast invasion inhibitor<sup>34,35</sup> that has a functional role in early pregnancy homeostasis.<sup>36</sup> A 17q25.3 duplication involving the *TIMP2* gene was identified in a woman with a history of five RM and inherited at 4/5 RM. Rearrangement was associated with two hypotheses, namely, impaired development of the placenta or impaired remodeling of the endometrium at the beginning of pregnancy, both of which have the potential to lead to RM.<sup>31</sup> In addition, it has been observed that women with RM have a high serum level of *TIMP2*, thus increasing the risk of miscarriages.<sup>36</sup>

Rajcan-Separovic et al.<sup>31</sup> identified two CNVs involving the X chromosome in women with RM and their POCs. In the Xp22.2 region, a duplication involving the *EGFL6* gene was observed, while in Xp22.31, a deletion was identified covering the *STS* gene. Both genes are strongly expressed in the placenta in healthy pregnancies and play important roles in maternal reproductive tissues during pregnancy, such as uterine receptivity and estrogen production; therefore, they can be considered candidate genes for RM when altered.<sup>37-39</sup>

Chromosome 5 (5p13.3), a duplication *PDZD2:GOLPH3*, was identified in two sets of independent samples from northern European populations with a frequency that is five times higher in RM women compared with the fertile control group or the world population.<sup>16</sup> This CNV does not directly alter the number of copies of the entire coding regions of the genes, but it can interfere with transcription and deregulate the involved or neighboring genes.<sup>40,41</sup> The *PDZD2:GOLPH3* duplication has also been identified as a risk factor for preeclampsia.<sup>42</sup>

The expression profile of *PDZD2* and *GOLPH3* in human tissue panels reveals mutually elevated levels of transcription in the placenta and ovary, thus supporting the functional relevance of rearrangement during pregnancy. In addition, *GOLPH3* is responsible for activating the mechanistic targeting pathway of rapamycin (mTOR).<sup>43</sup> Notably, changes in mTOR signaling are associated with several reproductive disorders, including RM.<sup>44-48</sup>

Karim et al.<sup>49</sup> identified CNVs by disrupting the *GSTT1*, *MSR1*, *CTDSPL*, and *HLA* genes in RM couples. The *GSTT1* gene located in the 22q11.23 region showed a significant duplication. It is known that this gene is essential for endometrial differentiation and embryonic growth and that its overexpression is associated with RM.<sup>50</sup> Changes in the *MSR1* gene are also associated with RM due to its role in regulating maternal immune tolerance.<sup>51</sup> In turn, duplications involving the *CTDSPL* gene were identified in 39% of the RM couples analyzed. This gene is responsible for regulating recombination and segregation and chromosomal synapse. Changes in this gene are also associated with RM susceptibility independently<sup>49</sup> or by interaction with the *SYCP3*, *RB*, *SMAD*, and *TNF-beta* genes.<sup>33,52,53</sup>

In addition to the identification of CNVs, Karim et al.<sup>49</sup> analyzed the enrichment of the signaling pathways of genes affected by them and found that the locus of the *HLA* gene present in the 6p21.32 region was doubled in half of the analyzed cases. Changes in this gene can cause an immune response in the mother's body, allowing white blood cells to attack new embryo cells and lead to RM.<sup>54-56</sup>

According to the literature, large CNVs increase the probability of alterations in the key candidate genes or pathways involved in maintaining early pregnancy, thereby resulting in RM.<sup>57,58</sup> Kasak et al.<sup>30</sup> identified a 500-kb pericentromeric duplication in the 15q11.2 region in a male partner involving the *NIPA1*, *NIPA2*, *CYFIP1*, and *TUBGCP5* genes. CNVs in 15q11 have been reported as a common finding in cases of euploid RM.<sup>25</sup> Substantial rearrangements in the pericentromeric and subtelomeric regions can interfere with correct chromosomal pairing and segregation during meiosis and mitosis, leading to unviable offspring.<sup>30</sup>

Rajcan-Separovic et al.<sup>59</sup> identified two CNVs in a couple with a history of three RMs. An analysis of one of the couple's embryos showed that both were inherited. The woman had a 1q25.3 deletion interrupting the *STX6* gene, while her spouse had an Xq28 duplication involving the *CETN2* gene. It has been established that dysfunction in the *STX6* gene can lead to cell death<sup>60</sup> and that its knockdown can inhibit cell adhesion, a crucial process for embryonic development.<sup>61</sup> The *CETN2* gene plays an important role during the duplication of centrioles in the S phase and their separation in mitosis.<sup>62</sup> The transmission of paternal centrosome and CNV involving *CETN2* possibly leads to RM since the absence or even the alteration of centrosomes may result in embryonic abortion or infertility.<sup>63,64</sup>

CNV identification is dependent on the use of cytomechanical methods, such as medium to high density array CGH and array SNP. Analyses based on microdeletions/microduplications microarrays, in addition to conventional cytogenetics, allow the identification of an "unfavorable" genome in one or both partners, allowing genetic counseling and appropriate clinical management.<sup>30</sup>

Our findings showed that the 16 CNVs cited above act as probable risk factors for RM. This evidence constitutes an alert in clinical practice since the routine examination for the detection of chromosomal abnormalities in couples and/or women with a history of RM is the karyotype. It is worth mentioning herein that although the karyotype is fundamental in detecting balanced rearrangements, it is inefficient for detecting small CNVs, such as those pointed out in this study.

This study has some limitations, including the limited data from analyzes of CNVs in couples with RM. This could be partially related to investigation of CNVs, mostly in POCs, as well as the lack of consensus regarding the number of miscarriages to define the RM.

In conclusion, RM is a complex condition that requires etiological consideration for the performance of appropriate management. Therefore, more studies identifying CNVs in couples and not just in the POCs are necessary because although CNV may not be expressed in parents, it can be expressed in pregnancy.

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#### Authors contribution

SJS was responsible for study design and conceptualization, screening studies for inclusion, data extraction and database searches, data analysis and interpretation, manuscript drafting, critical review and manuscript comments. BFG was responsible for study design and conceptualization, screening studies for inclusion, data extraction and database searches, data analysis and interpretation, critical review and manuscript comments. FPF was responsible for screening studies for inclusion, data extraction and database searches. RMOFC was responsible for screening studies for inclusion, data extraction and database searches. ECC was responsible for critical review and manuscript comments. NAB was responsible for study design and conceptualization. LARB was responsible for study design and conceptualization, data extraction and database searches, data analysis and interpretation, manuscript drafting, critical review and manuscript comments.

## Appendix A

**Table A1.** Search terms with corresponding Mesh terms.

PubMed, Scielo, LILACS and Portal de CAPES/MEC (Limited to Human)	
OR	§ Abortion, Spontaneous
	§ Pregnancy loss
	§ Miscarriage
	§ Miscarriage, Recurrent
<b>AND</b>	
OR	§ Copy number Variation
	§ CNV
	§ Couple
	§ Microarray analysis
	§ Comparative Genomic Hybridization
	§ Array CGH

CNV, copy number variation; CGH, comparative genomic hybridization array.

**Table A2.** Inclusion and exclusion criteria for studies included in the systematic review.

Include	- Studies that addressed the analysis of CNVs in couples and women with a history of 2 or more consecutive idiopathic miscarriages up to the 22nd week of pregnancy
	- Idiopathic RM couples only
Exclude	- Studies that addressed the analysis of CNVs in couples and women with 2 or more miscarriages after the 22nd week of pregnancy
	- Studies that addressed the analysis of CNVs in couples and women with only 1 pregnancy loss
	- Studies that addressed the analysis of CNVs in couples and women with 2 or more miscarriages up to the 22nd week of pregnancy, but with known etiology
	- Studies in couples with infertility

**Table A3.** Modified Newcastle-Ottawa Scale.

Criteria	Score
<b>Sample size</b>	
> 100	2
10 - 100	1
1 - 10	0
<b>Inclusion-Exclusion</b>	
Described in full	2
Limited Description	1
Not included	0
<b>Genetic Methodology</b>	
CGH array, SNP array or Sequencing	2
Other	1
Not mentioned	0
<b>Statistical Analysis</b>	
Well described statistics	1
No Statistics Mentioned	0
<b>Case Definition</b>	
Independent Validation	1
Self-reported	0
<b>Controls</b>	
Yes	1
No	0
<b>Comparability</b>	
Comparison of CNVs between the case-control group or with the DGV database	1
Not applicable/ no comparison	0

**Table A4.** Individual Scores for Newcastle-Ottawa Scale

Paper	Sample Size (0-2)	Inclusion/Exclusion (0-2)	Genetic Methodology (0-2)	Statistical analysis (0-1)	Case Definition (0-1)	Controls (0-1)	Comparability (0-1)	Total (10)
Karim et al., 2017	1	2	2	1	1	0	1	8
Kasak et al., 2017	1	2	2	1	1	1	1	9
Nagirnaja et al., 2014	2	2	2	1	1	1	1	10
Rajcan-Separovic et al., 2009	1	2	2	0	0	1	1	7
Rajcan-Separovic et al., 2010	1	2	2	0	1	1	1	8